

Telmicard®

Telmisartan

Forms and presentation

Telmicard® 40: Tablets: Box of 30.

Telmicard® 80: Tablets: Box of 30.

Composition

Telmicard® 40: Each tablet contains Telmisartan 40mg.

Telmicard® 80: Each tablet contains Telmisartan 80mg.

Excipients: lactose, starch, magnesium oxide, croscarmellose sodium, povidone, magnesium stearate, colloidal silicon dioxide, crospovidone.

Why should you take Telmicard®?

Therapeutic class: Agents acting on the renin-angiotensin system.

ATC code: C09CA07.

Telmicard® controls high blood pressure. It works by blocking the effects of a hormone called angiotensin II. Angiotensin II tends to constrict the blood vessels while promoting retention of salt and water leading to a raise in blood pressure. Telmicard® can be prescribed alone or with other high blood pressure medications.

What should you know about Telmicard®?

Telmicard® reduces blood pressure within a couple of weeks, yet it may take a month to achieve its maximum effect. Telmicard® keeps your blood pressure under control, thus you must continue taking it even if you are feeling well.

What is the recommended dosage of Telmicard®?

ADULTS

The usual starting dose is 40 milligrams once daily. If necessary, the dose can be increased to a maximum of 80 milligrams once daily.

How is Telmicard® taken?

Telmicard® can be taken with or without food. To avoid forgetting a dose, make a habit of taking it at the same time each day.

What to do if you miss a dose?

Take the forgotten dose as soon as you remember. If it is almost time for your next dose, skip the one you missed and go back to your regular schedule. Do not take 2 doses at the same time.

What to do in case of overdose?

If you suspect an overdose, seek medical attention immediately.

Symptoms of Telmicard® overdose may include:

Abnormally rapid or slow heartbeat, dizziness, low blood pressure.

Are there any food or drug interactions with Telmicard®?

Telmicard® can be taken with most other medications,

however you must consult your doctor before combining Telmicard® with Digoxin or Warfarin.

What are the side effects of Telmicard®?

Side effects may include:

Back pain, diarrhea, respiratory tract infection, sinus inflammation.

Precautions about Telmicard®

Telmicard® may produce hypotension when you start taking the drug. This is more likely to occur if your body's supply of water has been depleted by diuretics (water pills). Thus you should consult your doctor if you experience any symptoms of light-headedness, dizziness, or faintness. You might need to have dose adjustment. Telmicard® must be used with caution in the presence of liver or kidney diseases. Make sure that your doctor is aware of either problems.

What are the cases in which you should not take Telmicard®?

If you are allergic to the drug or to any of its components.

What should you do if you are pregnant or breastfeeding?

Telmicard® should not be used in the second and the third trimester of pregnancy, so inform your doctor as soon as you know that you are pregnant. It is not known whether Telmicard® is secreted in breast milk. Thus it is considered best to either avoid breastfeeding or give up the drug. In all cases you must consult your doctor.

How to store Telmicard®?

Store below 30°C.

Keep in original pack in intact conditions.

Date of revision: February 2014.

This is a medicament

- A medicament is a product which affects your health, and its consumption contrary to instructions is dangerous for you
- Follow strictly the doctor's prescription, the method of use, and the instructions of the pharmacist who sold the medicament
- The doctor and the pharmacist are experts in medicine, its benefits and risks
- Do not by yourself interrupt the period of treatment prescribed for you
- Do not repeat the same prescription without consulting your doctor
- Medicament: keep out of reach of children

Council of Arab Health Ministers
Union of Arab Pharmacists

Benta S.A.L.
Dbayeh - Lebanon